

# Wellbeing at Work



## Can you tell us more about the recent Wellbeing at Work conference at Assembly Rooms?

Workplace wellbeing is a critical element of any successful business. An engaged workforce will be more productive, there will be less absenteeism and organisations will attract and retain their best talent. The Wellbeing at Work event is a unique event delivering case studies from organisations large and small who have implemented successful wellbeing programmes within their organisations and, most importantly, sharing their success stories giving delegates a tool-box of ideas and innovations to take away and implement in their own companies.

Assembly Rooms was the perfect venue for an engaging day, providing plenty of natural light and a great environment for delegates to learn and network with their peers.

#### Why did you choose Edinburgh as the host city for this event?

Edinburgh is at the heart of business in Scotland and is easily accessible for delegates travelling from across the country to attend.

#### What made the Assembly Rooms stand out as the place to hold your annual conference?

As event organisers providing employee engagement solutions, it is essential that the venue gives delegates a fantastic environment for them to learn and engage and for us the Assembly Rooms was the clear winner. It is also centrally located in the beautiful city of Edinburgh making it very easy for delegates to attend.

## How did Assembly Rooms assist with the planning and delivery on the day?

From start to finish, the team at The Assembly Rooms were brilliant and efficient. It was the first event we had held at the venue and I was keen to secure the date for the following year as soon as possible so we are already booked in for 2017!

#### Would you recommend the Assembly Rooms?

Yes, absolutely. The service levels are fantastic and nothing is too much trouble. Jane and her team were always on hand to help and the event itself ran very smoothly.





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Please contact Assembly Rooms Team for more information or to discuss your requirements Call us on 0131 220 4348 or email enquiries@assemblyroomsedinburgh.co.uk

